

Online Athletic Clearance Instruction Sheet

1. Go to www.AthleticClearance.com and choose your state (California)
2. Create an account (unless you already have one – you should be able to login with the username and password you created when you set this up).
3. Select – “Start Clearance Here” and follow the prompts
4. Once complete you will be asked to upload the **Medical Eligibility Form** from the doctor confirming that your student is clear to play. You no longer must upload the actual Sports Physical document. The form is available here – www.pghigh.pgusd.org/sports
5. When your student has been cleared for participation, you will receive an email notification will be sent to the email that was used to set up the account.

Quick Answers to Common Questions:

Multiple Sports

You can choose multiple sports when you are creating the account. Please make sure you only check off the sports that your student is interested in playing. If you have questions regarding what season a particular sport is played, please call Mrs. Afifi in the Student Store. If your student changes their mind regarding a particular sport or would like to add a sport, please contact Mrs. Afifi. You do not need to turn in the signature page that comes up after you have completed creating the account.

Sports Physicals

The forms you will need to bring to the doctor’s appointment can be found on the PGHS website. Click on the Sports tab, scroll down to almost the bottom of the page and bring the following form to the appointment –

- Medical Eligibility Form (Preparticipation Physical Evaluation)

Please do not turn in any forms to the office. They will be handed back to you with the instructions to create an account

For more information please contact:

Felicia Afifi – Administrative Assistant/Student Store – 831-646-6590 or fafifi@pgusd.org

Chris Morgan – Athletic Director – 831-646-6590 or cmorgan@pgusd.org